

The Beauty Bulletin



the clinic for
PLASTIC SURGERY

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THE EXCITING LIFE OF DR. MARK BARLOW

In last month's newsletter, we briefly mentioned how thrilled we are to welcome Dr. Mark Barlow to our team. Now, we are a trifecta of surgeons serving our patients every day! If you haven't had a chance to meet Dr. Barlow and learn a little more about him, you're in for a treat ...

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TOP 5 HEALTHY LIFE HACKS TO HAVE AN AWESOME MORNING

Getting your day started with coffee isn't always enough. Sometimes, you need to give yourself an extra boost, especially when you have little energy or trouble focusing. For an awesome start to your day, here are five tips to get you going right off the bat ... [CONTINUE READING](#)



IS 'GLAMPING' THE PERFECT WINTER GETAWAY?

When COVID-19 struck the U.S., travel restrictions had people canceling their vacation plans left and right. This meant that many would-be vacationers had to find some getaways a little closer to home — namely, camping trips and their fancier cousin, glamping trips ... [CONTINUE READING](#)