

beauty
in proportion

breast
body
face

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BREAST AUGMENTATION *in Houston, Texas* by SAM M. SUKKAR, MD, FACS

Breast augmentation is one of my favorite operations to perform because of the positive impact that it has on patients' lives. I can literally see the glow in my patients' eyes when they come in for their first postoperative appointment, and the increased confidence level that they have is readily apparent.

Breast augmentation surgery can help enhance the appearance of your breasts for many different situations, whether you have breasts that are smaller than you desire; or you have one breast that is sizably different from the other; or you simply wish to improve your overall proportions. My goal in breast enlargement is to give you a natural appearing end result that enhances your look both in and out of clothes.

I typically perform breast augmentation surgery under general anesthesia at my accredited out-patient surgical facility in Houston, Texas. Since there are a number of incision choices, I give you the choice of placement. Most patients choose either an incision in the fold at the bottom of the breast or around the lower portion of the areola.

SALINE OR SILICONE?

In late 2006, the FDA approved the use of silicone gel filled breast implants for cosmetic enhancement in women 22 years of age and older. This gives me more flexibility in selecting the implant device that will help optimize your aesthetic outcome.

Implants can be filled with either saline solution or a moderately cohesive silicone gel material. There are benefits and drawbacks for each implant fill type. The main advantage of silicone breast implants over

saline is that there is less palpability, wrinkling and ridging of the implant. For this reason, silicone implants feel and look more natural. Additionally, they can be placed in a more superficial plane (i.e. under the breast, but above the muscle) without the same issues of visibility as saline breast implants. The main drawbacks of silicone implants are that they are more expensive, require larger incisions since they are pre-filled with the moderately cohesive gel material, and shell ruptures are harder to detect. The main advantages of saline breast implants are that they can be placed through a smaller incision, the size can be adjusted intra-operatively, and they are less expensive.

Most commonly, I use smooth round silicone or saline breast implants similar to the sizers that you can try on at the time of your breast augmentation consult in our office. The goal of the breast augmentation surgery is an end result that improves the appearance of your breasts with better shape and proportions to help improve your self image.

To make an appointment for a breast augmentation or any other cosmetic surgery consult, call our office today at 281-990-8487.

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Good Candidates for Breast Augmentation

- Patients who have small, uneven or asymmetric breasts.
- Patients who have slightly sagging or deflated breasts.
- Patients whose breasts are out of proportion to the rest of the body.
- Patients who desire a better fit in clothing and a more sensual body image.

ABOUT THE AUTHOR

Sam M. Sukkar, MD, FACS is a board certified plastic surgeon serving patients from his private practice in Houston, Texas. He is a Fellow of the American College of Surgeons, a Member of the American Society of Plastic Surgeons, and is affiliated with the American Medical Association, the Harris County Medical Society, the Texas Medical Association, and the Houston Society of Plastic Surgery. Dr. Sukkar was certified by the American Board of Plastic Surgery in 2002.

