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**SAM M. SUKKAR, MD, FACS**  
Board Certified Plastic Surgeon

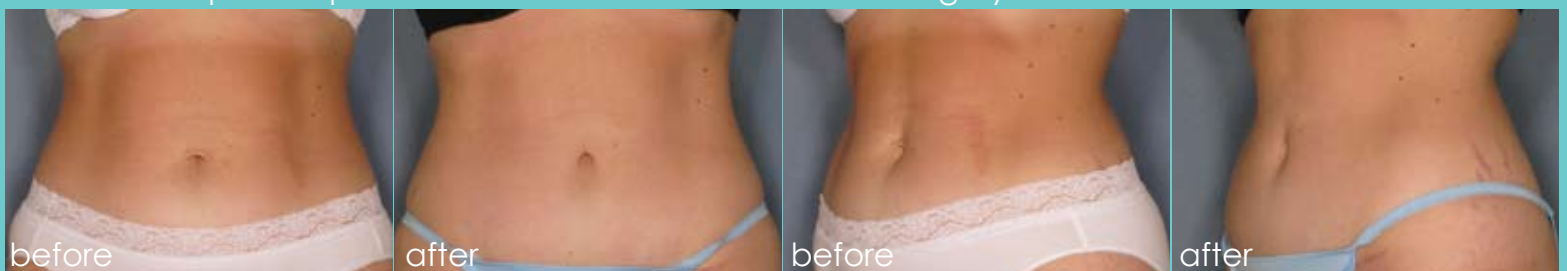
## The Mini-Abdominoplasty

Mini-abdominoplasty is a procedure I have been performing more frequently. It is a great surgery for selected individuals. It combines the best of all worlds, by allowing correction of the lax abdominal wall, which all women who have experienced pregnancy suffer from. In addition, the umbilicus (belly button) is left undisturbed with no scar and the transverse lower scar can be placed lower than with a full tummy tuck and is slightly shorter. This surgery, in combination with appropriate liposuction, can give a fantastic, athletic look to the abdomen.

But, like all surgical procedures, mini-abdominoplasty is not right for everyone. Patients with loose skin or excess fat above the belly button will get only modest improvement as compared to a traditional full tummy tuck. A modification of both procedures by using aggressive liposuction if indicated, can further improve the result. This allows for the correction of the muscle wall laxity, thinning of the excess fatty tissue layer so we can see the athletic new contours, and removal of excess loose skin. I call this the perfect TRIAD.

Go to our website at **drsukkar.com** to view before and after photos of both mini-abdominoplasty and full abdominoplasty, and see the difference for yourself. But remember, while most patients will prefer a mini-abdominoplasty, only a consultation with examination by me will determine if you are a suitable candidate for this great procedure.

unretouched patient photos from Sukkar Aesthetic Plastic Surgery



before

after

before

after